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*Companies House*



Katie Kearns - Solicitor  
Coventry, United Kingdom

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## **CERTIFICATE OF INCORPORATION OF A PRIVATE LIMITED COMPANY**

Company Number **14554461**

The Registrar of Companies for England and Wales, hereby certifies that

**PENNSYLVANIA BRITISH INTERNATIONAL COLLEGE LTD**

is this day incorporated under the Companies Act 2006 as a private company, that the company is limited by shares, and the situation of its registered office is in England and Wales

Given at Companies House, Cardiff, on **22nd December 2022**



\*N14554461H\*



Companies House



THE OFFICIAL SEAL OF THE  
REGISTRAR OF COMPANIES

The above information was communicated by electronic means and authenticated

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<b>Certified</b> Attesté / Certificado	
5. <b>at</b> à / en	London
6. <b>the</b> le / el día	8 May 2024
7. <b>by</b> par / por	His Majesty's Principal Secretary of State for Foreign, Commonwealth and Development Affairs
8. <b>Number</b> sous no / bajo el numero	APO-GJ9P-2JHD-8Z8S-CNMW
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14 MAY 2024

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THE CONSUL

EGYPT - LONDON



# وزارة خارجية جمهورية مصر العربية

للتصديقات والخدمات التصلية للمواطنين

الخدمة التجارية والتجارية  
رقم الترخيص: ٥-٦-٢٠١٩/٢٠١٩

نصدق على صحة التوقيع المرفق للم...

دون أدنى مسئولية فيما يخص بصدق ومحتوى الوثيقة

الرسم المقرر ٤٠ جنيه  
ع / الشؤون التصلية للتصديقات

52985



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Document Legalisation  
Act To Verify Documents



# Certificate

Pennsylvania British International College

IT IS HEREBY CERTIFY THAT

Iman Abdelaziz Ibrahim Mansour

Upon recommendation of the Pennsylvania British international College  
and in recognition of fulfillment of the prescribed requirements

Professional Doctorate In Mental Health

With all its right and Privileges in the witness whereof the seal of the Pennsylvania British international College herunto affixed

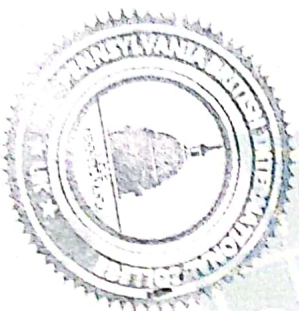
Crt - Code : UPN53-7700041 ----- Grade : Excellent

Issued on : January 2024

This certificate has been given at his request to be submitted to those who are interested in it



Dean Office







# شهادة

كلية بنسلفانيا البريطانية الدولية

تشهد بأن

**ايمان عبد العزيز ابراهيم منصور**

بناء على توصية من مجلس الكلية وإقراراً منها باستيفائه المتطلبات المقررة

الدكتوراه المهنية في الصحة النفسية

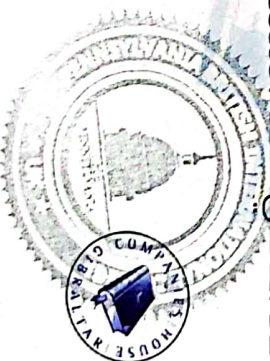
ومراعاة لكامل حقوق وامتيازات الشهادة، تم وضع ختم كلية بنسلفانيا البريطانية الدولية في هذه الوثيقة

رقم التسجيل: UPN53-7700041--التقدير: امتياز

صدرت بتاريخ: يناير ٢٠٢٤

وقد أعطى هذه الشهادة بناء على طلبه لتقدمها إلى المهتمين بها

Dean Office







Name : Iman Abdelaziz Ibrahim Mansour

Nationality: Egyptian

Student ID: UPN53-7700041

Graduation Date: January 2024

Program: Doctorate of Mental Health



N	Subject	The Ratio Quality	Grade
1	General Psychology	3.50	B
2	History of Psychology	4.05	A
3	The problems of modern and contemporary philosophy	4.08	A+
4	Clinical psychology.	3.50	B
5	Methods in psychology	4.07	A
6	Educational psychology	3.50	B
7	Industrial Psychology	4.05	A
8	Cognitive behavioral therapy	4.08	A+

Qualification Criteria for  
the Doctorate's Programs  
Study Duration = 1-2022 To 1-2024

Doctorate's in Mental Health  
OFFICIAL TRANSCRIPT  
GPA = 98.0





# Certificate

## Doctorate of Mental Health

Certificate that Mrs. Iman Abdelaziz Ibrahim Mansour

Registered in the Doctorate of Mental Health

Registration No.: UPN53-7700041 Under

the supervision of Dr. Ashley Abraham

He accepted and submitted

a Doctorate's degree at the end of his studies

Graduation project

entitled "Addressing mental health issues within

the family"

Accepted by:

Major Professor: Jon Edoar

Committee Member - Meshel Jon

Committee Member, Tsherl Couto,

External Reader Mariam Samon

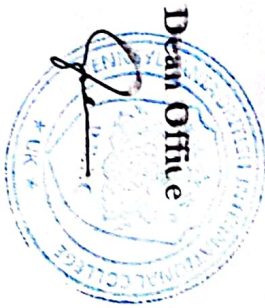


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# Certificate

## Graduation letter

To whom it May concern

Based on the approval of Pennsylvania British international College

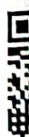
and the approval of the college president in  
accordance with the powers delegated to him by  
the Council in accordance with Resolution No. (425)

We acknowledge granting

the student Mrs.Iman Abdelaziz Ibrahim Mansour  
Doctorate of Mental Health with a grade of distinction with honors,

with the approval of the research that  
was submitted by the student in  
"Addressing mental health issues within  
the family"

Crt - Code : UPN53-7700041







DATE: 11/11/2023 11:11:11 AM  
ID NO. 28309081300123

Nationality: Egyptian  
ID Student:UPN53-7700041



## Degree Program: Doctorate of Mental Health

Congratulations, it is a pleasure for Penn International College to accept you as a student in the Mental Health Professional Doctorate.

We would like to welcome you to Pennsylvania British International College

We thank you for choosing us to help you build your future

Discussion of a professional Doctorate thesis in Mental Health

## Mental Health Placement Exam

All Penn College International Program students are required to take a Mental Health proficiency test and the number of courses you will be required to take before or during regular academic study. Courses at Pennsylvania British International College Please see the competency standards in the field of communication, behavior modification, and communication. With regard to the field of Mental Health

### Guidance

### Orientation

The Office of International Affairs will provide a new student orientation (date TBD) to educate you about Penn International College. International Student Issues and Immigration Matters, Fall 2022, 2024  
Classes begin in 2024

## Immigration Information

The International Affairs Office will provide you with all data and information about the subjects to be studied, through your e-mail  
For questions, please contact





Dean Office  


# Certificate

We hereby certify that the Doctorate's degree.  
after completing his professional studies,  
It is an unfilled professional program.

Certified in the UK

Which measures the required skills?

For postgraduate studies

College reference number I have the British government.  
number 14554461

Nature of business (SIC)

85320 - Technical and vocational secondary education

85421 - First-degree level higher education

85422 - Post-graduate level higher education

85600 - Educational support services







# The Research Presented Thesis Title

"Addressing mental health issues within  
the family"

## Summary Of The Study

The study investigates the effectiveness of Family-Based Cognitive Behavioral Therapy (FBT) in treating childhood Generalized Anxiety Disorder (GAD) through a case study. Chapter 1: Lays the groundwork for the study on family involvement in childhood GAD treatment. Chapter 2: Provides background information on various therapeutic approaches used in psychology. Chapter 3: Defines mental health and explores various mental health issues. Chapter 4: Examines the influence of family dynamics on mental health across different life stages. Chapter 5: Presents a case study to explore the effectiveness of FBT for a child with GAD. It details the methodology, treatment plan, and outcomes of the case study. The study emphasizes the importance of families in childhood mental health and suggests that FBT can be a beneficial treatment approach for childhood anxiety disorders. Conclusion: the positive changes achieved, children learned to identify and challenge negative thoughts, developed coping mechanisms like relaxation techniques, and experienced reduced (GAD) and improved participation in activities. Parents gained knowledge about anxiety and improved parenting practices, improved communication with their child, and felt more empowered to support their child. Family unit became closer and more supportive. Parents learned to communicate more effectively and celebrate their child's successes.

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