



Certificate

Registered with number 14554461

Pennsylvania British International College

IT IS HEREBY CERTIFY THAT

Manal Ahmed Mohamed

Upon recommendation of the
and in recognition of fulfillment of the prescribed requirements

Professional PhD in Life Coach Training

With all the right and privileges in the witness whereof the seal of the Pennsylvania British International College hereunto affixed

Crt - Code : 10007540

Srn :09512442500545

Issued on : 2025

Grade : Excellent

UKRLP 10097269

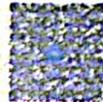
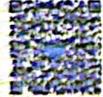
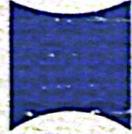
IQ ZB835594

certificate her been given of she has request to be submitted to those who are interested in it



Dean Office





شهادة

Registered with number 14554461

كلية بنسلفانيا البريطانية الدولية
تشهد بأن

هنال احمد محمد

بناء على توصية من مجلس الكلية إقراراً منها باستيفائها المتطلبات المقررة

دكتوراه مهنيه تدريب لايف كوتش

ومراعاة لكامل حقوق وامتيازات الشهاده تم وضع ختم كلية بنسلفانيا البريطانية

الدولية في هذه الوثيقة

UKRLP 10097269

IQ ZB835594

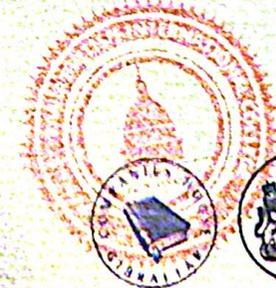
التقدير - ممتاز

رقم التسجيل : 10007540

صدرت بتاريخ : 2025

وقد أعطيت هذه الشهادة بناء على طلبها لتقديمها الى المهتمين بها

Dean Office





Graduation letter

To whom it May concern

Based on the approval of Pennsylvania British international College and the approval of the college president in accordance with the powers delegated to him by the Council in accordance with Resolution No. (425) We acknowledge granting the student Manal Ahmed Mohamed PhD in Life Coach Training with a grade of distinction with honors, with the approval of the research that was submitted by the student in

Compulsive Disorder (OCD) one of the most complex and impactful mental disorders on the quality of life of those affected

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PIC 878019169
E 10365932



FRANCIUS MUNDUS



#EU Youth



Erasmus+



#DiscoverEU





Name : Manal Ahmed Mohamed
ID : 00026300839

Nationality: Lebanese
ID Student: 10007540



Degree Program: Professional PhD in Life Coach Training

Congratulations, it is a pleasure for Penn International College to accept you as a student in the PhD in Life Coach Training

We would like to welcome you to Pennsylvania British International College
We thank you for choosing us to help you build your future
Discussion of a PhD in Life Coach Training

English Placement Exam

All Penn College International Program students are required to take a Life Coach Training proficiency test and the number of courses you will be required to take before or during regular academic study. Courses at Pennsylvania British International College Please see the competency standards in the field of communication, behavior modification, and communication. With regard to the field of Life Coach Training

Guidance

Orientation

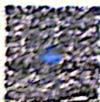
The Office of International Affairs will provide a new student orientation (date TBD) to educate you about Penn International College. International Student Issues and Immigration Matters, Fall 2022, 2023
Classes begin In 2021

Immigration Information

The International Affairs Office will provide you with all data and information about the subjects to be studied, through your e-mail
For questions, please contact

Dean Office





We hereby certify that the Doctorate degree.
after completing his professional studies, It is an unfiled professional program.

Certified in the UK

Which measures the required skills

For postgraduate studies

College reference number I have the British government.
number 14554461

Life Coach Training (SIC)

85320 - Technical and vocational secondary education

85421 - First-degree level higher education

85422 - Post-graduate level higher education

85600 - Educational support services

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Pennsylvania British International College

Name : Manal Ahmed Mohamed

Nationality: Lebanese

Student ID: 10007540

Graduation Date: 2025

Program: Professional PhD in Life Coach Training



N	Subject	The Ratio Quality	Grade
1	General Psychology	3.50	B
2	History of Psychology	4.05	A
3	The problems of modern and contemporary philosophy	4.08	A+
4	clinical psychology.	3.50	B
5	Methods in psychology	4.07	A
6	Educational psychology	3.50	B
7	Industrial Psychology	4.05	A
8	Cognitive behavioral therapy	4.08	A+

Evaluation Criteria for the Doctorate Programs

Study Duration = 2023 To 2025

Total Courses = 8

Total Credit Hours = 300

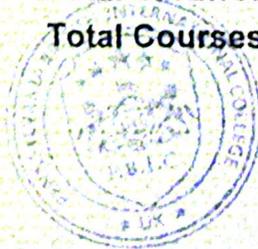
Total Courses = 10

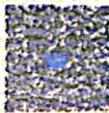
Professional PhD In Life Coach Training

OFFICIAL TRANSCRIPT

GPA = 92.0

Dean Office





The Research Presented

Compulsive Disorder (OCD) one of the most complex and impactful mental disorders on the quality of life of those affected

Obsessive-Compulsive Disorder (OCD) is one of the most complex and impactful mental disorders on the quality of life of those affected. It is characterized by recurrent, anxiety-inducing obsessive thoughts and compulsive behaviors aimed at reducing this anxiety. Despite the development of treatment methods, Cognitive Behavioral Therapy (CBT) remains one of the most effective approaches for managing this disorder, especially when combined with appropriate environmental and family support. The family, as the primary unit in an individual's life, plays a pivotal role in the development of children's psychological state, both positively and negatively. The importance of this role lies in its dual nature: on the one hand, some unhealthy family patterns may contribute to the exacerbation of OCD symptoms; on the other hand, effective family support can enhance the effectiveness of CBT and accelerate the pace of improvement



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